Instant traffic & weather is just what it implies. Not having to wait to get an update. XM radio also covers areas long ignored by commercial radio stations. For instance, music stations play the same three songs by artists over and over, day in and day out without playing other tunes by said artists. XM plays a more varied selection. The powers that be in the broadcasting arena shove what they want you to hear down our throats, and I for one am damned tired of their arrogance. Only the braindead can listen to music to set your watch by. There are too many cases of corporate america and government being in bed together, this should not be another one. Please do not allow this to happen.